



**CALL FOR DETAILS!  
DAVE @ 378.4525 OR  
CHRISTY @ 305.2888**

*Pace Fitness Studio would like to invite you to our studio! We are a newly renovated studio and proudly offer a variety of classes in a supportive environment open to all fitness levels. Pace Fitness Studio offers programs such as Cardio Kickboxing, Zumba, Yoga-lates and Cardio Kids.*

**CARDIO KICKBOXING  
UNLIMITED CLASSES  
\$64 PER MONTH!**



**YOGA-LATES  
WITH ROSEMARY!  
6 WEEK SESSION STARTS  
FEB. 29TH ~ \$54**

**CARDIO KIDS  
SATURDAYS  
\$45 PER MONTH!**

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<i>All Fitness Levels Welcome!</i>	<b>CARDIO KICK-BOXING 6:00AM</b>	<b>CARDIO KICK-BOXING 6:00AM</b>	<b>CARDIO KICK-BOXING 6:00AM</b>	<b>CARDIO KICK-BOXING 6:00AM</b>	<b>CARDIO KICK-BOXING 6:00AM</b>	<b>CARDIO KICK-BOXING 9:15AM</b>  <b>CARDIO KIDS 10:45AM</b>
	<b>CARDIO KICK-BOXING 7:00PM</b>	<b>CARDIO KICK-BOXING 7:00PM</b>	<b>CARDIO KICK-BOXING 7:00PM</b>	<b>CARDIO KICK-BOXING 7:00PM</b>	<b>CARDIO KICK-BOXING 7:00PM</b>	
	<b>YOGA-LATES 9:30AM</b>					
	<b>CALL OR CONTACT: ZUMBAATPACE@AOL.COM FOR DETAILS!</b>					
		 <b>5:30PM</b>		 <b>5:30PM</b>		

**\*\* NOW OFFERING ONE-ON-ONE KICKBOXING INSTRUCTION!!  
IMPROVE YOUR KICKS AND PUNCHES, FOCUS ON TECHNIQUE!!**